

Signs to look out for in students:



How can teachers show support to students?

- ★ **Acknowledge what your students are experiencing.**
- ★ **Carefully discuss matters in a manner that considers your students' age and maturity**
- ★ **Help your students communicate with their guardians and parents.**
- ★ **Do not hesitate to report any concerns or incidents.**
- ★ **Show empathy by letting your students know that it is difficult to deal with such feelings.**
- ★ **Be honest and stick to facts when navigating through the events.**
- ★ **Show them there is hope in the future.**

Source: Headspace Australia