

# Transform Your Career Journey with Kaizen



*In Japan, the word for constant improvement is called kaizen.*

Rather than focusing on one overwhelmingly big goal, continuously striving to change little things for the better will go a long way to supercharge your life.

Get yourself in the right mindset with these questions:

- How can I make this better?
- How can I do it more efficiently?
- How can I do this more profitably?
- How can I do this with greater passion?