

Creating an Inclusive Society: How You Can Help



Ask before helping



People with disabilities have varying levels of independence. Be sure to ask before offering assistance. Don't feel dejected if they refuse your offer. If they do consent, ask for specific instructions on how you can help.

Respect privacy and personal space



People with disabilities have individual preferences regarding their personal space. Avoid touching mobility aids such as wheelchairs without their consent.

Promote social inclusion in schools



Starting from young, we need to cultivate an open, accepting, and encouraging mindset.